## January 24, 2025





Each of us will face the "winter" of our life, hopefully at an old age, but perhaps not. That time of life can be rich and a crown on well lived years! It can also bring hardship, confusion, and more pain if we don't prepare for it.

Preparation provides gifts to you and your family by making wishes about healthcare, funeral planning, what you want family members to know as well as life logistics like financial information, passwords, etc. We can prevent added heartache for loved ones by putting these together ahead of time in one place.

Here are a few basic things everyone should prepare and discuss with your family.

- Healthcare durable power of attorney (legal document naming person/people who would share your healthcare wishes if you were too sick to do so yourself)
- Living Will (legal document describing the kind of life saving medical care you would or would not accept)
- Document of important passwords, financial information, military documents
- Obituary and funeral wishes

## Helpful Resources:

- <u>5 Wishes</u> "the Living Will with heart and soul". We have a few copies of this in the office if you'd like one. It serves as a durable power of attorney for healthcare and living will in one.
- <u>The Conversation Project</u> website that walks you through the process of thinking about and documenting your healthcare wishes.
- Books to explore life after death:

<u>What if Jesus was Serious about Heaven?</u> by Skye Jethani <u>Surprised by Hope</u> by N.T. Wright

 <u>Funeral Service Planning document</u> - fillable pdf document that you can have on file at church listing the details of your funeral service. After you have completed this planning document, email a copy to <u>Beth Hemphill</u> in the church office.

If you have more questions about this important topic, please feel free to reach out to <u>Judeen Andrews</u> or <u>Hilary Applequist</u>.



## Heartland Hope February 8th - 9:00 AM

Heartland Hope Mission is a 'Client-Choice Food Pantry' which means individuals are able to 'shop' for their pantry

items, restoring a level of dignity to otherwise trying circumstances.

Beyond the four pantry opportunities offered each week, Heartland Hope seeks to address root challenges and provide support for individuals job readiness programs, community resources, and benefit assistance programs.

First Covenant Church has partnered with Heartland Hope Mission for over 10 years now, and we are grateful to continue working alongside them in the shared mission of loving others in Jesus' name. We hope you can join us on February 8th, 9am-Noon, for our next opportunity! Please contact Pastor Coby with any questions.

Pastor Coby



We want to thank the people listed below for their kind generosity to our church library. It is your gifts to our Tree of Books that allows us to fulfill our mission statement 'to support the ministries of First Covenant Church through provision of resources for the congregation. A sincere effort is made to provide a balance of literature for varied ages and interests and to promote individual spiritual growth and wholesome reading.'

Blair & Judeen Andrews
Mary Andrews
Steve & Cheryl Bahl
Marcia Bechtel
Patti Boyer
Betty Bragg
Pat & Trudy Buckley
Sandy Champlin
Kevin & Karen Caverzagie
Brad & Carrie Ericson
Don & Sandy Haney
Jim & Kay Horwath
Craig & Chris Johnson

Steve & Karen Kraaz
Lou Ann Landholm
Linda Lenser
Jan Lundgren
Grant & Dian Magnuson
Rich & Mimi Moore
Dave & Pam Norlen
Bruce & Sharon Peterson
Bob & Peggy Price
Karen Ressegieu
Terry & Kathy Shelsta
Jim & Terri Small
Gary and Linda Stanek



Dear FCC, I wish to thank you for remembering me at Christmas. Your interest and care are appreciated. May God bless you all.
Robert Ecklund

Thank you for your continued support and bringing light to our students.

With a grateful heart,

Linda & the staff at the Omaha Street School



Feb 5th - Choir Rehearsal Resumes, Wednesdays @ 6:30PM

Feb 8th - Second Saturday Serve at Heartland Hope

Feb 14th - Kindred Couples Retreat at CCBC begins

Feb 16th - Parents Plus

Feb 17th - Presidents' Day - office closed

Feb 24th - 28th - Office will be closed while Pastor Greg

and Beth are at the School of Kingdom Living. Pastor Coby and Diane can be reached by calling or emailing the office.



Matthew 6:25-34

Visit our Website

Follow us on Facebook